



## **ALAN ROBERTS**

**ADHD Specialist**

Coronavirus is scary to us all but with children who have ADHD it can be more difficult to manage. Normally they cannot cope with change and many suffer with anxiety problems. Lots of parents will also be struggling to keep them occupied and unable to cope.

I am offering an **ADHD Advice Line** to all parents, carers, professionals, and to young people with ADHD.

The Advice Line is available Monday to Friday from 9am till 4pm to anyone who needs support and advice.

Telephone: **ALAN ROBERTS 07717300311**