

# Sex and Relationships Education Policy

<b>Review Date</b>	October 2015	<b>Leader of Policy Review</b>	Mr. S. Budgen
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## 1. POLICY FORMULATION AND PROCESS

- The PSHE Co-ordinators, Healthy Schools Coordinator, Science Department, School Nurse, School Council, Pupils, Teachers, and Parents and Governors were all consulted in the formulation of the current policy.

## 2. RATIONALE

- Each pupil at Hawarden High School is entitled to receive a broad and balanced curriculum which: “promotes their spiritual, moral, cultural, mental and physical development and prepares them for the opportunities, responsibilities and experiences of adult life”.

(Sect 351, Education Act 1996)

The Governors and staff of Hawarden High School fully support the belief expressed in the PSE Framework (ACCAC 2008) that Personal and Social Education prepares learners to be personally and socially effective by providing learning experiences which they can develop and apply skills, explore personal attitudes and values, and acquire appropriate knowledge and understanding, ‘to equip them to live safe and healthy lives’.

Sex and Relationships Education at Hawarden High School is principally taught within the context of the PSHE Programme and Science Framework. It is also delivered through discrete cross curricular delivery. Specifically this includes the Year 8 Health Awareness Day, the Year 9 Enterprise/Health Days, the Year 10 Health Day and the Realcare Baby Programme. Pupils who opt for G.C.S.E Child Development at Key Stage 4 receive detailed guidance relating to reproduction and relationships. SRE at the school will be to help and support through their physical, emotional, moral and spiritual development.

As a school we believe that SRE is essential if young people are to make sensible and well informed decisions about their lives. Sex and relationships education is delivered within the context of a strong moral framework which promotes family values and loving relationships.

‘SRE is about understanding the importance of stable and loving personal relationships, respect, love, care and the building of successful relationships with friendship groups and the wider community’.

WAG Circular No. 11/02 March 2002

## 3. AIMS AND OBJECTIVES

It supports children and young people in coping with adolescence and relationships and prepare them for an adult life in which they can:

- Behave responsibly within their sexual and personal relationships
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# Sex and Relationships Education Policy

- Develop a values and moral framework that will develop and clarify a set of values that will help guide their decisions, behaviour and judgements
- Have sufficient information and skills to protect themselves and others from unintended / unwanted conceptions, sexually transmitted infections including HIV.
- Access confidential advice and support from approved sources
- Have the confidence and self-esteem to value themselves and others
- Communicate effectively

## 4. MORAL AND VALUES FRAMEWORK

The Governors and staff of Hawarden High School fully endorse the statements outlined in the Personal and Social Education Framework regarding the moral aspect of the programme in paragraph 4.8 (ACCAC 2002). The Governors and staff also recognise the necessity for all teachers and adults contributing to the SRE programme to work with an agreed values framework as outlined in Section 2 of SRE in schools.

(WAG 11/02 paragraph 2.1)

## 5. ORGANISATION AND DELIVERY OF SRE WITHIN THE SCHOOL

### 5.1 Parental Information

Parents are informed via the School Prospectus that their child will participate in SRE lessons at each key stage. Parents are notified that they may withdraw their child from the Sex Education Programme, with the exception of the elements which are part of the National Curriculum for Science, such as the Human Reproductive System.

### 5.2 Child Protection

All school staff are regularly updated in relation to their responsibilities regarding Child Protection. They have a duty to follow the All Wales Child Protection Procedures if there is a suspicion that a child or young person may have suffered or be at risk of suffering significant harm. Staff must not agree to keep information of a child protection nature confidential and should follow up any concerns through the school's CP Coordinator in line with the Safeguarding Policy.

### 5.3 Role of Co-ordinator / Subject Leader

The role of the Curriculum Manager for PSHE in conjunction with the Health Education Coordinator is to:

- Co-ordinate the review of the school's SRE policy by involving all relevant stakeholders.
  - Inform all staff and adults involved with the delivery of SRE within the school, of the contents of the policy and its implications to them as providers.
  - Monitor and evaluate the provision in conjunction with the post holders ensuring that all statutory requirements are met.
  - Liaise with Subject Staff and Year Learning Managers representing relevant Key Stages to ensure appropriate coverage, continuity and progression.
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# Sex and Relationships Education Policy

- Monitor and evaluate the policy and scheme of work regularly and provide updates for the Governing Body.
- Review the policy and make appropriate changes and amendments at least every two years.
- Assess the CPD needs of school staff involved with the programme and seek to respond to these needs.
- At least annually review and update the resources used in the SRE programme and evaluate their effectiveness and suitability for the pupils involved, having regard to their age and ability.
- Liaise with outside agencies and co-ordinate their involvement with the SRE programme.

## 5.4 Working and Parents/Guardians/Carers

The school sees Sex and Relationships education as a shared responsibility and seeks to keep parents informed about the Policy, programme of study and resources used e.g. parents/community helpers are invited to the annual Health Awareness Days. Information is shared via the Friends of Hawarden High School.

## 5.5 Training Provision

Training needs will be identified through the annual staff development review held with the Headteacher and through the annual performance reviews held with team leaders. All CPD needs will be analysed in the context of the School Development Plan.

## 5.6 Role of External Providers

The school recognises the value of involving appropriate outside agencies and visiting speakers within the SRE programme i.e Sex and Relationship Youth Workers. However, all visiting speakers will be made aware in advance of the contents of the school policy and the guidelines it has produced with respect to its delivery. Should the school be approached by unknown outside agencies or individuals then advice regarding suitability will be sought from the appropriate Health professionals.

## 5.7 Methodology and Approach

The school aims to provide a well co-ordinated programme of Sex and Relationships Education lessons taught by members of staff trained in the delivery of Sex and Relationships Education i.e within PSHE Immersion lessons delivered by staff with specialist knowledge and skills, Science and RE; and supplemented by outside speakers, Young People's Health Advisors, cross-curricular inputs and extra-curricular activities.

The school considers that the Sex and Relationships Education Programme supports pupils through their physical, emotional, moral and spiritual development and helps them to make responsible and well informed decisions about their lives. It is complementary and supportive to the role of parents/guardians/carers. Details of the programme and a list of resources used, as approved by the Governing Body, are available at the school.

## 5.8 Liaison Between Key Stages

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# Sex and Relationships Education Policy

The school makes appropriate links and liaises with its feeder primary schools to ensure continuity and development from Key Stage 2 to Key Stage 3 and ensure effectiveness of the provision.

## 5.9 LINKS WITH OTHER POLICIES AND PROCEDURES

All providers of SRE at Hawarden High School are made aware of the schools' policies regarding:

- Personal and Social Health Education
- Equal Opportunities
- Antbullying
- Drugs and Alcohol
- ESDGC/Citizenship
- Science National Curriculum Orders

All providers are conversant with safeguarding:

- Child Protection (All Wales Child Protection Procedures 2008)
- Flintshire LEA SACRE Agreed Policy for Religious Education.
- Science National Curriculum Orders

## 6. SPECIFIC RESPONSE TO SENSITIVE ISSUES

The personal beliefs and attitudes of teachers should not influence the Sex and Relationships Education. Teachers should set ground rules and pupils should be encouraged to respect the views and lifestyles of others. Teachers should try to deal with questions of a sensitive nature in a sensitive, honest and non-discriminatory way.

SRE deliverers should make it clear that the ground rules apply not only to the members of the group, but also to the teacher/group leader and any visiting speakers who may attend.

Staff will endeavour to meet the needs of all pupils and deal with matters of a sensitive nature. The following issues will be dealt with at KS3 and KS4:

- **Puberty**

Boys and girls need to be prepared for puberty so that they have the knowledge and confidence to manage the physical and emotional changes.

- **Menstruation**

Both boys and girls should learn about menstruation. Sensitive and adequate arrangements will be made to help girls cope with menstruation. Suitable disposal facilities are available.

- **Contraception**

Effective Sex and Relationships Education in Secondary schools has an important role to play in reducing teenage pregnancies. Students will be given full information about different types of contraception, including signposting of emergency contraception, and their effectiveness. Additional guidance will be given on how to obtain confidential advice, counselling and, where necessary, treatment. A balance should be struck between observing the law and the need for sensitive counselling and treatment.

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# Sex and Relationships Education Policy

- **Abortion or Termination**

The SRE programme enables students to know and understand abortion, appreciate the validity of opposing views, and develop the communication skills to discuss it with parents and health professionals. The religious convictions of students/parents is respected. Reference is made to this within the core Religious Education Programme in Key Stage 4.

- **Safer Sex and Sexually Transmitted Infections including HIV/AIDS**

Students will be given factual information and knowledge about safer sex and STIs including HIV/AIDS which will enable them to become effective users of services that help prevent/treat STIs and HIV/AIDS, understand risky behaviour and develop assertiveness skills for negotiating relationships and avoiding being pressured into unwanted or unprotected sex. This is a particular focus during the Year 10 Health Awareness Days.

- **Sexual orientation**

Students are supported in their development and respect others regardless of their developing sexual orientation. They should be encouraged to respect and recognise diversity and differences in human life

## 7. PROCEDURES FOR MONITORING AND EVALUATION

Implementation of this policy will be monitored by the Headteacher, PSHE Co-ordinator/Healthy Schools Coordinator, through the Faculty Review process. The views of learners are sought, both informally and in a structured manner. Discussions take place with facilitators And with parents to inform policy development.

The following people will be consulted when the policy is reviewed:

- Pupils
- School Council
- Parent/Guardians/Carers
- Staff
- Governors
- Health Professionals and Outside Agencies

This policy will be reviewed every 2 years.

### School Nurse 'Health' Drop-in

The school nurse at Hawarden High school will provide advice and support for parents and young people to meet a variety of health and well-being needs. The nurse contributes to the delivery of Sex and Relationships Education as part of the school's Personal and Social Education programme.

The school nurse also provides a *confidential* 'Health Drop-In' for pupils. During the 'Health Drop-In' the young people have the opportunity to discuss any personal issues or health matters affecting them, including issues relating to sexual health.

A pupil seeking advice on this topic would be encouraged to consider their readiness for sexual activity, to talk to their parents or other significant adults in their life, and are given strategies to delay sexual activity. They also receive information around safer sex, sexually transmitted infections, HIV, condom use and

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# Sex and Relationships Education Policy

contraception, including emergency contraception.

The school nurse is qualified to administer emergency contraception, pregnancy testing and the 'C-Card Scheme', which is a Wales wide scheme that provides sexual health advice along with free condoms for young people. Information is also provided about local contraception and sexual health services in GPs clinics and/or sexual health clinics. The 'Health Drop -In' is offered on a weekly basis.

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